

Clinic Information for: *SWEETGRASS NATURAL MEDICINE*

For more information see: WWW.SWEETGRASSMEDICINE.COM

Preparing For Your Appointment

To make the best use of your time with us, there are a few things you should know before your appointment:

Cancellation Policy

We recognize that on occasion you may find it necessary to cancel your appointment. PLEASE GIVE US AT LEAST 24 HOURS NOTICE. A last minute cancellation prevents us from booking clients that are on the waiting list. Appointments cancelled without this notice will be charged a fee of \$45.

The Health History Form

Our naturopathic intake form is quite long! We like to get to know you, your lifestyle, and your whole health history. Time spent filling out this form is important – it gives us a picture of your whole story, saves time during the initial interview, and focuses the visit on your health concerns.

We request that you return the form TWO DAYS before your visit. This form is completely private – as are all of your medical records.

What to Bring

If you have previous pertinent lab work or medical records please bring copies. A release of records form is available on the website.

Please bring samples of any supplements or prescriptions that you take.

Planning for Your Visit

Expect to spend about 1.5 hours with us on the first visit. We'll talk to you about your lifestyle, your motivation in seeking care, and your specific health concerns. By the end of your visit you will usually have a treatment plan tailored specifically to your needs. Your treatment plan will be written out for you to take home and use as a guide.

If you are receiving bodywork please wear comfortable clothing.

Dispensary Items/Prescriptions

We maintain a dispensary in the clinic so that we can provide you with the highest quality supplements. They are professional grade products that are generally accessible by prescription or recommendation by one of our practitioners only. We only carry products that are third party certified, tested rigorously, and contain what they claim on

the ingredients. For pharmaceutical prescriptions we work with various stores here in Bozeman that we can refer you to. Because our dispensary is small, some of your items may need to be ordered.

If the Appointment is For Your Child (16 and under)

Forms for children are shorter, but are still detailed and require parent input. Parents are asked to accompany their children on their appointments. We may ask the parents to give their child privacy depending on the type of appointment.

Do you Work with other Healthcare Providers?

Of course! Health is multifaceted and often requires a team.

About Our Payment Policy

We ask for payment at the time of service as we do not bill insurance. We issue receipts that are acceptable to insurance companies for reimbursement. We accept cash, checks, debit, Visa and MasterCard. We have a 20% discount for full-time students with a valid ID.

Parking

Parking is rarely a problem on the side streets. There are usually spaces on Grand. Sweetgrass Natural Medicine also encourages the use of alternative transportation. There is a bike rack nearby.

How To Find Us

Sweetgrass Natural Medicine is located in downtown Bozeman at 123 W. Main Street. We are between the cross streets of Grand and Willson. The clinic is above John Bozeman's Bistro and has its own door between the Bistro and Schnee's. Go up the flight of stairs and look left! If you have trouble with stairs please let the clinic know.

